

James S. Rickards High School Mental Health Club Bylaws

ARTICLE I - NAME AND PURPOSE

SECTION 1 - Name

The name of the organization shall be the James S. Rickards High School Mental Health Club.

SECTION 2 - Purpose

- (a) Spreading Positivity.** The RHS Mental Health Club shall aim to spread positivity around the school campus by:
 - (i) Hosting meetings focused on de-stressing and self-care.
 - (ii) Spreading positive messages and energy around the campus through various campaigns and activities.
- (b) Advocacy.** The RHS Mental Health Club shall aim to spread mental health awareness by hosting events around town and attending fundraisers.

ARTICLE II - MEMBERSHIP

SECTION 1 - Eligibility

RHS Mental Health Club membership is open to all students of Rickards High School. Students are not required to pay any dues in order to join the RHS Mental Health Club.

SECTION 2 - Expectations

RHS Mental Health Club members are expected to attend informational meetings regularly. Club members are expected to show up at the majority of events hosted by the RHS Mental Health Club, with reasonable exceptions.

ARTICLE III - OFFICERS

SECTION 1 - Officers

The officers of the club shall be President, Vice President, Secretary, and Treasurer. Other roles may be added by existing officers and sponsors if deemed necessary.

SECTION 2 - Duties of Officers

- (a) President.**
 - (i) Communicates with partner organizations

- (ii) Presides during meetings
- (iii) Represents the overall club
- (iv) Maintains organization, order, and structure within the club
- (v) Oversees organization as a whole
- (vi) Delegates tasks to other officers
- (vii) Performs other duties which ordinarily pertain to this office

(b) Vice President

- (i) Assists the President
- (ii) Plans meetings and activities with assistance from the President
- (ii) Reaches out to potential partners and other organizations when necessary
- (iii) Contacts other organizations to provide resources and help conduct activities for the RHS Mental Health Club

(d) Secretary

- (i) Keeps track of all Mental Health events and dates
- (ii) Takes notes during all Mental Health club-wide meetings

(e) Treasurer

- (i) In charge of all money related tasks
- (ii) Conducts fundraisers to raise money for arts and crafts supplies
- (iii) In charge of purchasing materials for events

SECTION 3 - Interviews

- (a)** Officer interviews will be held annually.
- (b)** To run for president, the member must have held an officer role the previous year. All other positions are open to all club members.

SECTION 4 - Impeachment of Officers

- (a) Officers may be removed for various reasons, such as not fulfilling their duties or misbehaving. This will be decided by the other officers and the sponsor.
- (b) Removed officers will be replaced through another application cycle.

ARTICLE V - MEETINGS

SECTION 1 - General Information

Meetings will be held on Mondays during lunch, in Ms. Barriner's room. This is subject to change.

SECTION 2 - Meeting Content

Meetings will typically consist of small activities in effort to help club members unwind and relax. Meeting structure may vary based on the activity and new announcements pertaining to advocacy opportunities.

ARTICLE VI - SPONSOR

The club sponsor, who will be a member of the faculty/staff of Rickards High School will have the right to:

1. Knowledge of all activities/meetings.
2. Ability to reject any ideas or suggestions that may be detrimental to the students and the health of the team.

ARTICLE VII - CHANGES TO BYLAWS

Adjustments to any By-Laws may be made through a proposal/pitch to the and club sponsor of the club by any team member. The proposed change will be voted on by officers once approved.

ARTICLE VIII - BUDGET INFORMATION

Program Name: Rickards High School Mental Health Club

Sponsor/Faculty Contact: Ms. Barriner & Ms. J. Cooper

Mandatory dues: \$0

Optional Fees: T-shirts, hoodies, and special events

Grade Levels: All